

Good morning!

I trust all is well with you this lovely May morning.

I don't know about you, but we seem to have got into a routine here in the Mitchell house: morning coffee at 11am, lunch around 1pm followed by Skype call with our grand-children to read them their bedtime story at 6.30pm. Sometimes bedtime story is preceded with yoga lessons, given to me by my 3 year old grand-daughter! It seems to be good to have some order to the day, although the bits in between are a bit more haphazard. I have discovered I am a bit of a butterfly flitting from job to job, book to book, and garden task to garden task, but each day seems to pass quickly. Sandy and I are blessed to have each other for company. I know that isn't the same for some of you, but I hope you too have found a way to bring structure to each day, and are finding ways to occupy your time. I sit and do my bible reading and prayer with my morning coffee and that is one routine that will be hard to break once life gets back to some sort of normality, whatever normal may be. In the old life bible study and prayer was rarely at the same time each day but was often fitted in to the gaps and might be in the morning, afternoon or even at bedtime, and sometimes, I confess, was missed out all together. I know when we can go out and about again, whenever that may be, my 11am quiet time will not be set quite so strictly, but I am praying that I will not forget how much I am enjoying spending quality time in God's company, and make it my daily priority. I pray you are finding time with God a comfort too.

I collected all the crosses that had been knitted, and this week I delivered a parcel of them to Wyverie Court where they will be given out to the residents there. I also took a parcel to Westbank Care Home for the staff and residents who may like one. Already people are saying how much they appreciate the thought and prayer, so thank you again to all those who knitted. I am still collecting them if anyone wants to knit anymore. We will use them all.

I attach the reflection for this week, and again would encourage you to send it on to anyone you wish who may like to read it.

As we enter week 7 of lockdown, my prayers will be that we all continue to be kept safe, feel God's presence in our worry and confusion, and that it will not be too long before we can gather together again.

Blessings
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