

Hello,

Another week has passed and things are slowly opening up again. I managed to go into a shop this week that wasn't a supermarket, for the first time in months! I hope with the easing, you have perhaps been able to get out and see people that you have been missing for many weeks now.

You may remember that back in May we took our motorhome down to the bottom of the garden for a night away. Well, this weekend we ventured further afield, and I am writing this sitting in our motorhome by the shore of Loch Ness. We have been cycling and enjoying the great Scottish outdoors. Everything is still closed, though, and although it is lovely for us that there are so few visitors and we have the place almost to ourselves, it must be having a huge impact on all the little gift shops, b&bs, cafes and boat hire that depend on tourists for their income. Chatting to locals it seems things will open up next week, so let's hope that the visitors start returning.

At the start of lockdown I planted a lot of sunflower seeds, which I tended, and amazingly they grew and were potted on. There are now around 40 growing in planters next to the seat in the Reflection Space by the church. When I last visited on Thursday, none were yet in flower. So I look forward to someone sending me a photo of the first sunflower to emerge - there's a challenge for you!

Today's reflection is all about sowing seeds, so I hope you enjoy it and please pass it on to anyone you wish.

We live in a wonderful world, despite all the worries and ills at the moment, God loves and cares for each one of us. May you feel His love the week.

Blessings

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