

Good morning,

I trust this morning finds you well.

We have just passed 100 days since we were all asked to stay in our homes and the lockdown started. Things have slowly started to ease. On Friday it was announced, in Scotland, that children under 12 would no longer need to socially distance outdoors and could play with friends and hug loved ones. What a treat! I hope all the grandparents, aunts and uncles, cousins and friends have taken full advantage of this! I am hopeful that the same will soon be allowed in England and then I will hotfoot it south to cuddle my children and grandchildren again.

Easing also now allows us to travel beyond five miles for recreation so yesterday Sandy and I ventured further afield and enjoyed a climb up Ben Rinnes. It was a lovely day out, although I realise, with aching muscles, this morning, that I am not quite as fit as I used to be - either that or the hills have grown taller whilst no one has been walking on them.

School holidays have begun so the task of homeschooling can take a break. I am sure you will appreciate the summer holidays, and hopefully all children will be back in school in August. Well done for keeping schooling going all this last term, it can't have been easy.

Whatever the coming week holds in store for you, remember God loves you.

As usual I attach the reflection for today. Please pass it on to anyone else you wish.

Blessings

Valerie

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